

# GBBR has lots to offer families and youth this summer!

If you are looking for things to do, read, grow, share, or create, check out these links from wherever you are.

### **Kids in the Biosphere Blog**

Are you a kid in the Biosphere? Or are you someone that loves to be outside? If yes, then you will want to check this out!

<u>Find weekly blogs</u> about the awesome plants, animals, and natural wonders we can find in the Biosphere, cool pictures, ways to help nature, activity ideas, and more!



### **GBBR Activity Pages**

Our <u>custom-made activity pages</u> are designed for fun and learning in eastern Georgian Bay. Loaded with experiments, games, challenges, and more, there is something for every type and age of learner! From <u>Insects at Night</u> to the <u>Wonders of Water</u>, from the <u>Seeds of Life</u> to being <u>Mad About Maps</u>, we'll have you discovering new things in no time!

### The Complete Summer Scavenger Hunt

<u>This scavenger hunt has it all</u>: wildlife, plants, rocks, weather, animal signs, and much more! It will keep the young, and young at heart, busy all summer long.

Snap a picture of each item in this scavenger hunt, print the card and check the boxes, or record what you see in a notebook. There are 25 items listed, how many can you find over the summer?



### Kids in the Biosphere Activity Booklet

<u>This four-season booklet</u> contains over 70 pages of activities and local information, including:

- Ways to help species at risk,
- A night hike guide,
- Local plant and animal identification guides,
- Space to record observations and ideas,
- Ways families can shrink their environmental footprint at home, and
- Indigenous knowledge shared by Anishinabek people.

We will mail the booklet safely and directly to you!

## **Growing Together**

There are many benefits to growing your own food, whether it is a lot or a little. Everything you grow can help to save packaging, can help reduce carbon emissions, and is great for your mind and body! You can still start container gardens, herb plots, and even some veggies up to mid summer. Learn more in GBBR's <u>Seed to Soil Guide</u>.

If flowers are for you, see the <u>Best for the Biosphere list</u> of pollinator friendly, native plants.

### Be Citizen Scientists with iNaturalist

Your family can all be citizen scientists with GBBR's iNaturalist project! Citizen science is the gathering of sightings of the natural world by anyone outdoors. The more eyes and ears recording information about the environment, the better our understanding will be.

Check out GBBR's <u>Citizen Science Activity Page</u> to get started with your family or join the iNaturalist project directly!





### **Striking Balance**

Central to each biosphere is a community organization dedicated to conservation, sustainable development, research, and education. <u>Striking Balance</u> shows that unlike other models of wilderness preservation, biospheres empower the individuals who live there to become champions for the ecological, economic, and cultural health of their communities.

### Watch the Georgian Bay Biosphere episode online, or order the first eight episodes on DVD.

Narrated by Jim Cuddy of Blue Rodeo, Striking Balance was produced in association with The Nature Conservancy of Canada, the Knowledge Network, Parks Canada, and the Canadian Commission for UNESCO.